



# RSE at Priors Hall – a learning community

An information presentation to collect your views about the Relationships, Health and Sex Education curriculum that is going to be taught at Priors Hall.

# Information being shared today:

- The government requirements for RSE in primary schools
- How our policy reflects the requirements
- Where to find the full programme of study
- The right to withdraw – what and how?
- How we are inclusive
- Confidentiality and safeguarding
- Questions and feedback



# Components of the PSHE curriculum

Personal Social Health Economic (PSHE) education

Relationships

Health



# What does the statutory Relationships Education include?

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe



# What does the statutory Health Education include?

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Basic first aid
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Changing adolescent body (puberty including menstruation)



# What about Sex Education?

- Sex Education is not compulsory in primary schools beyond the Science National Curriculum. (Science National Curriculum includes some aspects although human reproduction is optional.)
- DfE recommends children know “how a baby is conceived and born” before leaving primary school.
- Parents have the right to withdraw their children from Sex Education beyond the Science National Curriculum
- Right to withdraw is in our policy.



# How do we plan to teach RSE?

- Each year group covers the following topics as part of a spiral PSHE curriculum:

Family and Relationships

Health and Wellbeing

Safety and the Changing  
Body

Citizenship

Economic Wellbeing

Identity (Y6)



# Relationships Education at Priors Hall

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Family and Relationships	<ul style="list-style-type: none"> <li>• What is family?</li> <li>• What are friendships?</li> <li>• Family and friends help and support each other</li> <li>• Making friends</li> <li>• Friendship problems</li> <li>• Healthy Friendships</li> </ul>	<ul style="list-style-type: none"> <li>• Families offer stability and love</li> <li>• Families are all different</li> <li>• Managing friendships</li> <li>• Unhappy friendships</li> <li>• Valuing me</li> <li>• Manners &amp; courtesy</li> <li>• Loss and change</li> </ul>	<ul style="list-style-type: none"> <li>• Healthy families</li> <li>• Friendships – conflict</li> <li>• Effective communication</li> <li>• Learning who to trust</li> <li>• Respecting differences</li> <li>• Stereotyping</li> </ul>	<ul style="list-style-type: none"> <li>• Respect &amp; manners</li> <li>• Healthy friendships</li> <li>• My behaviour</li> <li>• Bullying</li> <li>• Stereotypes</li> <li>• Families in the wider world</li> <li>• Loss and change</li> </ul>	<ul style="list-style-type: none"> <li>• Build a friend</li> <li>• Resolving conflict</li> <li>• Respecting myself</li> <li>• Family life</li> <li>• Bullying</li> </ul>	<ul style="list-style-type: none"> <li>• Respect</li> <li>• Developing respectful relationships</li> <li>• Stereotypes</li> <li>• Bullying</li> <li>• Being me</li> <li>• Loss and change</li> </ul>





# Health Education at Priors Hall

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Health and Wellbeing	<ul style="list-style-type: none"> <li>• Wonderful me</li> <li>• What am I like?</li> <li>• Ready for bed</li> <li>• Relaxation</li> <li>• Hand washing &amp; personal hygiene</li> <li>• Sun safety</li> <li>• Allergies</li> <li>• People who help us stay healthy</li> </ul>	<ul style="list-style-type: none"> <li>• Experiencing different emotions</li> <li>• Being active</li> <li>• Relaxation</li> <li>• Steps to success</li> <li>• Growth mindset</li> <li>• Healthy diet</li> <li>• Dental health</li> </ul>	<ul style="list-style-type: none"> <li>• My healthy diary</li> <li>• Relaxation</li> <li>• Who am I?</li> <li>• My superpowers</li> <li>• Breaking down barriers</li> <li>• Dental health</li> </ul>	<ul style="list-style-type: none"> <li>• Diet and dental health</li> <li>• Visualisation</li> <li>• Celebrating mistakes</li> <li>• My role</li> <li>• My happiness</li> <li>• Emotions</li> <li>• Mental health</li> </ul>	<ul style="list-style-type: none"> <li>• Relaxation</li> <li>• The importance of rest</li> <li>• Embracing failure</li> <li>• Going for goals</li> <li>• Taking responsibility for my feelings</li> <li>• Healthy meals</li> <li>• Sun safety</li> </ul>	<ul style="list-style-type: none"> <li>• What can I be?</li> <li>• Mindfulness</li> <li>• Taking responsibility for my health</li> <li>• Resilience toolkit</li> <li>• Immunisation</li> <li>• Health concerns</li> <li>• Creating habits</li> <li>• The effects of technology on health</li> </ul>



# Sex Education at Priors Hall

Whilst Sex Education is not compulsory, the DfE (2019) recommends that all primary schools *'have a sex education programme tailored to the age and the physical and emotional maturity of the pupils.'*

We believe that providing factual knowledge in a safe environment will be a benefit to the children to help them make informed choices in the future.

We choose to teach two lessons which go beyond the statutory requirements in Year 6...

- ▶ Year 6 > Safety and the changing body > Lesson 5: Conception
- ▶ Year 6 > Safety and the changing body > Lesson 6: Pregnancy and birth



# The Right to Withdraw

Parents **do not** have the right to withdraw children from the relationships and health education aspects of the curriculum.

Parents **do** have the right to withdraw children from the lessons which go beyond the statutory requirements (the two year 6 lessons). To do this, parents would need to contact the class teacher who will then arrange a time to discuss this.



# Want to know more about our full programme of study?

On our website, in the PSHE section you will find an overview of when the topics are being taught in each year group. You can also find will show you the focus of each lesson through out that specific unit.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Introductory lesson. Family and relationships.	Family and relationships. Health and wellbeing.	Health and wellbeing. Safety and the changing body.	Safety and the changing body. Citizenship.	Citizenship. Economic wellbeing.	Economic wellbeing. Transition lesson.

YEAR 1	
Family and relationships	
Lesson 1	Introduction to RSE and setting ground rules
Lesson 2	What is family?
Lesson 3	What are friendships?
Lesson 4	Recognising other peoples' emotions
Lesson 5	Working with others
Lesson 6	Friendship problems and how to overcome them
Lesson 7	Healthy friendships
Lesson 8	Stereotyping - gender

<https://www.priorshallschool.co.uk/our-school-curriculum/wider-curriculum/>



# Want to know more about our full programme of study?

On our website, in the PSHE section you will find all of the skills and knowledge taught to the children in each year group. This will tell you exactly what your child is learning.

<i>Progression of skills and knowledge</i>			<b>Families and relationships</b>			
Sub-strand	Year 1		Year 2		Year 3	
	Skills	Knowledge	Skills	Knowledge	Skills	Knowledge
<b>Family</b>	Exploring how families are different to each other.	To understand that families look after us.  To know some words to describe how people are related (eg. aunty, cousin).  To know that some information about me and my family is personal.	Understanding ways to show respect for different families.  Understanding that families offer love, care and support.	To know that families can be made up of different people.  To know that families may be different to my family.	Learning that problems can occur in families and that there is help available if needed.	To know that I can talk to trusted adults or services such as Childline if I experience family problems.



# How are we inclusive?

**LGBTQ+ relevant knowledge and examples are included** throughout programmes of study (not-one off teaching).

**Inclusive language** is used, considering how individual pupils may relate to particular topics.

**Avoid segregating by gender** unless there is a clear rationale

(e.g. Giving girls a chance to ask questions about menstruation in a female only environment).

Ensure all **faith/religious backgrounds of pupils are taken into account** when planning so topics are appropriately handled (Equality Act 2010, which religion and belief are among the protected characteristics).



# How are we inclusive?

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Same sex relationships	<p><a href="#">F&amp;R Lesson 1: What is family?</a></p> <p>Families from pupils' own experiences. Same sex not specifically included if it is not raised by the children.</p>	<p><a href="#">F&amp;R Lesson 2: Families offer stability and love</a></p> <p>Introduction to different types of families. Same sex not specifically included but may arise as part of the discussion.</p>	<p><a href="#">F&amp;R Lesson 1: Healthy families</a></p> <p>Different types of family set-ups are introduced, including same sex parents.</p>	<p><a href="#">F&amp;R Lesson 6: Families in the wider world</a></p> <p>Different types of family set-ups around the world. Same sex not specifically included but could be part of the discussion.</p>	<p><a href="#">F&amp;R Lesson 3: Marriage</a></p> <p>Includes same sex marriage.</p> <p><a href="#">F&amp;R Lesson 5: Family life</a></p> <p>Different family set-ups (including same sex parents) and dealing with problems.</p> <p><a href="#">S&amp;CB Lesson 5: Emotional changes in puberty</a></p> <p>Attraction - including to somebody of the same sex.</p>	<p><a href="#">S&amp;CB Lesson 6: Pregnancy and birth</a></p> <p>Touches on same sex couples having children.</p>



# How are we inclusive?

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Body parts (vocabulary introduced)	<p><a href="#">S&amp;CB Lesson 5: Appropriate contact</a></p> <p>Introducing acceptable and unacceptable touch.</p>	<p><a href="#">S&amp;CB Lesson 4: Appropriate contact: My private parts</a></p> <p>Vulva, vagina, penis, testicles.</p> <p><a href="#">S&amp;CB Lesson 5: Appropriate contact: My private parts are private</a></p> <p>Safe and unsafe touches. Vulva, vagina, penis, testicles.</p>		<p><a href="#">S&amp;CB Lesson 7: Introducing puberty</a></p> <p>Including: breasts, genitals, penis.</p>	<p><a href="#">S&amp;CB Lesson 3: Puberty</a></p> <p>Including: vagina, vulva, clitoris, penis, scrotum, testicle.</p>	<p><a href="#">S&amp;CB Lesson 4: Physical and emotional changes in puberty</a></p> <p>Internal and external reproductive parts.</p>





# Confidentiality and Safeguarding

## Confidentiality and Handling Disclosure

During PSHE sessions, children may disclose a range of issues, including, FGM and sexual exploitation, of which staff are trained to be aware of and discuss appropriate measures when these are raised. We have robust reporting systems in place for safeguarding disclosures of which all staff are aware and receive regular training. If a child has a SEN need that is also classed as SEMH this would follow the graduated response procedure for referral. Please see Safeguarding Policy for further information.

## Confidentiality

Whilst teachers will strive to be discreet and nurturing when dealing with an issue raised by a pupil, safeguarding protocols will be followed and pupils will be made aware that information cannot be held confidential.



Thank you – any questions??

To gather your feedback, we would be grateful if you would complete this survey (there are only 6 short questions) so we can then act upon any suggestions or clarify anything if needed.

<https://forms.gle/ke5qkQhW9RvxdrNx5>

