

**Relationships Education,
Relationships and Sex Education
(RSE) and Health Education at
Priors Hall – a learning community.**

EYFS Information



Personal, social and emotional development (PSED) in the EYFS

PSED is one of the three prime areas within the Early Years Foundation Stage (EYFS). Each prime area is divided into early learning goals, for PSED these are:

Self-Regulation

Managing Self

Building Relationships

RSE is taught within the PSED curriculum throughout the pupils learning journey.



How do we structure our lessons?

We deliver a myHappyMind lesson each week. This is a mental health and wellbeing programme, which also covers the majority of the PSED goals, organised into 5 units named Meet Your Brain, Celebrate, Appreciate, Relate and Engage.



The learning doesn't happen in isolation and children are developing skills on a daily basis. Opportunities are therefore provided to revisit concepts to help reinforce the learning within everyday routines.



Which requirements are we meeting in EYFS?

Self-Regulation ELG Children at the expected level of development will:

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Meet Your Brain
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Engage
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. - Relate

Managing Self ELG Children at the expected level of development will:

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Engage
- Explain the reasons for rules, know right from wrong and try to behave accordingly; - Relate
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Building Relationships ELG Children at the expected level of development will:

- Work and play cooperatively and take turns with others; - Relate, Meet Your Brain
- Form positive attachments to adults and friendships with peers; - Relate
- Show sensitivity to their own and to others' needs. - Meet Your Brain, Relate



Frequently Asked Questions

Who can my child talk to if they are worried about anything they have learnt?

Every child at Priors Hall has completed a 'Supportive 5' where they have identified 5 trusted adults within the school. Children can talk to any of these adults.

Can children be withdrawn from RSE?

RSHE content is statutory and there is no right to withdraw for parents. The only aspects parents have the right to withdraw children from is sex education. There are two lessons to which this applies: both lessons are taught in year 6 and they cover the science of conception, pregnancy and birth.



Who can I talk to about RSE at Priors Hall?

Please contact the class teacher on Class Dojo or contact the Personal Development lead, Mrs Barratt, on katiebarratt@priorshallalc.com

