

**Relationships Education,
Relationships and Sex Education
(RSE) and Health Education at
Priors Hall – a learning community.**

Year 2 Information



How do we structure our RSE lessons?

Our RSE content is taught through our PSHE lessons. We follow the Kapow scheme of work so our lessons are sequenced and progressive between the years.

The RSE content is distributed between 3 of our PSHE units:

**Family and
relationships**

**Health and
wellbeing**

**Safety and the
changing body**



How do we structure our RSE lessons?

We also deliver a myHappyMind lesson each week. This is a mental health and wellbeing programme which also covers the majority of the RSE statutory guidelines. Opportunities are therefore provided to revisit concepts to help reinforce the learning.



Which RSE statutory requirements are we meeting in Year 2?

Families and people who care about me:

- Families are important for children growing up because they can give love, security and stability.
- Others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care for them.
- Stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.
- Marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong.

Caring friendships:

- Healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.



Which RSE statutory requirements are we meeting in Year 2?

Online relationships:

- People sometimes behave differently online, including by pretending to be someone they are not.
- The same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.

Being safe:

- About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.
- Each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.
- How to recognise and report feelings of being unsafe or feeling bad about any adult.
- How to ask for advice or help for self and for others, and to keep trying until they are heard, including having the vocabulary and confidence to report concerns or abuse.
- How to report concerns or abuse, and the vocabulary and confidence to do so.
- Where to get advice from e.g. family, school and/or other sources.



Which RSE statutory requirements are we meeting in Year 2?

Respectful relationships:

- Practical steps they can take in a range of different contexts to improve or support respectful relationships.
- The conventions of courtesy and manners.
- What a stereotype is, and how stereotypes can be unfair, negative or destructive.



How is RSE covered in our units?

Families and relationships:

- Learning that families are composed of different people who offer each other care and support.
- How other people show their feelings and how to respond.
- Looking at conventions of manners and developing an understanding of self-respect.

Safety and the changing body:

- Introduction to online safety.
- Distinguishing secrets from surprises.
- Naming body parts and looking at the concept of privacy.



How is my child taught about puberty and human reproduction?

Each year group will be taught at an appropriate level for their age and developmental stage, building on the previous years' learning.

Children aged 6-7 will:

- Learn about 'boys' and girls' bodies.
- Scientific names for body parts.
- Understand that private parts are private.

All lessons are taught using the correct, scientific terminology, child-friendly language and diagrams.



Head Neck Hand Arm Leg Foot Eye
Ear Nose Mouth Back Penis Vulva



Top Tips: How to help at home

- Through your words and tone, welcome your child's curiosity for new activities and interests. Ask gentle questions to see what your child already knows, before adding new information. Don't assume that they know things because they use certain words. If you don't have the answer to your children's questions, it's OK to say that you don't know but will find out.
- Take time to play the online games your children like to play so that you can understand the features. You can find out if there is anything concerning you need to be aware of, such as safety features or parental controls which should be enabled.
- Use appropriate language for body parts at home so it reinforces what is taught at school.
- Remind your child that their body is their own and they don't have to let anyone touch it in a way that is unsafe and/or unwanted. Everyone else also has that right. This is the beginning of giving a child control over their body and teaching them about consent.



Frequently Asked Questions

Who can my child talk to if they are worried about anything they have learnt?

Every child at Priors Hall has completed a 'Supportive 5' where they have identified 5 trusted adults within the school. Children can talk to any of these adults.

Can children be withdrawn from RSE?

RSHE content is statutory and there is no right to withdraw for parents. The only aspects parents have the right to withdraw children from is sex education. There are two lessons to which this applies: both lessons are taught in year 6 and they cover the science of conception, pregnancy and birth.



Who can I talk to about RSE at Priors Hall?

Please contact the class teacher on Class Dojo or contact the Personal Development lead, Mrs Barratt, on katiebarratt@priorshallalc.com

